

MODULE 1 –online

10 weeks online (zoom) sessions

Melbourne, Australia time:

Online (10 weeks) - 4 hours per week Sunday (1-5pm Melbourne, Australia time) **Date:** April: 18, 25, May: 2, 9, 23, 30 June 6, 13, 20, 27

Content:

- What is a constellation
- Preparing you as the facilitator
 - $\circ \quad \text{Your role} \\$
 - o Your state
 - What you are looking for
 - Your process
- Interview process
 - o Genograms
 - $\circ \quad \text{Chair work} \\$
 - Moving from chair to floor
- 3 main principles of constellations
 - o Order
 - \circ Belonging
 - $\circ \quad \text{Give and take} \quad$
- Healing sentences
- Current family
- Blended families
- Structured constellations
- Family of origin (FOO)
- Bodies in space
 - Reading the body
- Unconscious themes
- One on one constellation work
 - Different forms of one on one work

Practise time

Practise sessions: 2 X 2hr sessions per month. We will have dedicated practise sessions where you will facilitate constellations for each other

It is also recommended you arrange additional time with each other to practise outside of these dedicated times. The more practise the better.

Diving deeper – Live in Melbourne Australia

Friday 23- Sunday 25 July 2020 (3 days)

Friday 17-Sunday 19 September 2020 (3 days)

Looking at different themes and moving into group work

Group practise – Live in Melbourne Australia

Saturday 20-Monday 22 November 2021 (3 days)

Live practise